

Mouth Body Connection

PERIODONTAL DISEASE

The Surgeon General reports that at least 80% of American adults have **gum disease**.

-AAOSH

Cavities are caused by a germ that spreads while kissing & sharing food.

-American Academy for Oral Systemic Health

HEART DISEASE

People with Gum Disease are 2X as likely to die from **Heart Attack** and 3X as likely to die from **stroke**.

- Mayo Clinic

DIABETES

Diabetes & bleeding gums increases your risk of **premature death** by 400-700 percent.

-American Academy for Oral Systemic Health

93% of people with gum disease are at risk for **diabetes**.

-AAOSH

PREGNANCY COMPLICATIONS

Pregnant women with gum disease have only a **1 in 7 chance** of giving birth to a healthy child of normal size.

-AAOSH

ALZHEIMER'S DISEASE

Tooth loss & gum disease increase the risk of **Alzheimer's disease**.

-Mayo Clinic

Gum disease increases the risk of **head & neck cancer**.

-AAOSH

ATHEROSCLEROSIS

Bacteria in your mouth travel to other parts of your body in your bloodstream.

-American Academy for Oral Systemic Health

RESPIRATORY PROBLEMS

Poor oral hygiene can increase the risk for **pneumonia & respiratory infections**.

-Journal of American Dental Association

Gum disease increases **pancreatic & kidney cancer** risk by 62%.

-Harvard

RHEUMATOID ARTHRITIS

Research has found an association between gum disease and **rheumatoid arthritis**.

-American Academy of Family Physicians

